



Cub Scout Horseback Riding

Cub Scout Academics and Sports Workbook

This workbook is not required but can help you with this award. Belt Loops and Pins may be earned more than once.

Links to other workbooks and resources are at the end of this workbook: [Online Resources](#).

Send comments to the workbook developer: craig@craiglincoln.com. Workbook updated: March, 2011.

Scout's Name: _____

Pack: _____

Cub Scout Horseback Riding Belt Loop (See the [Pin Requirements](#) below.)

Complete these three requirements:

1. Explain five safety precautions for when you are near a horse. _____

2. With help from an experienced horse handler, demonstrate how to safely mount and ride a horse _____
and then how to safely dismount the horse. _____
3. Go on a supervised horseback ride for at least 20 minutes. _____
Wear an approved helmet (such as one approved for horseback riding by the ASTM, or American Society for Testing and Materials). _____

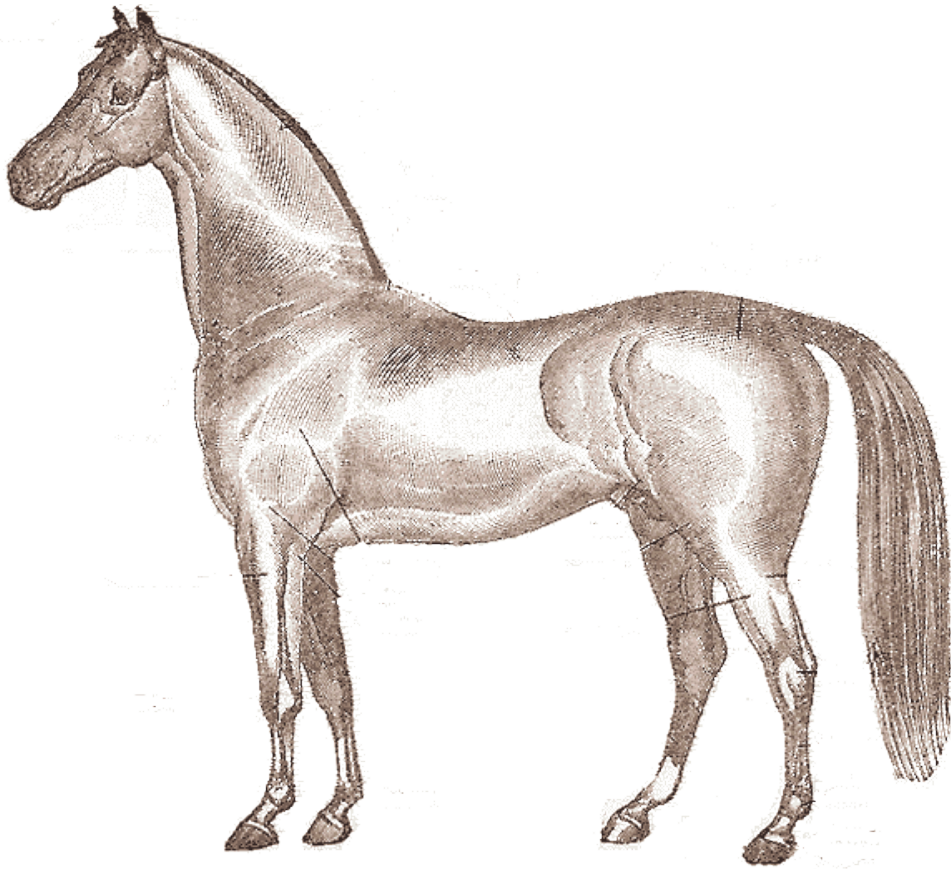
Cub Scout Horseback Riding Pin

Earn the Cub Scout Horseback Riding belt loop, and complete five of the following requirements:

1. Learn about three famous horses. Explain why these horses were well-known. _____

2. Using pictures of these different animals, explain to your den or family the difference between a horse, _____
pony, _____
mule, _____
and donkey. _____
3. Explain how a horse is measured and what a "hand" equals when measuring a horse. _____

4. Using a picture, point out these main parts of a horse: forehead, muzzle, mane, withers, point of hip, knee, hoof, and root of tail. _____



5. Describe three different breeds of horses and explain what feature makes each breed special. _____

6. Using photos or pictures you have drawn, explain to your den or family at least three different ways that horses can help us. _____

7. Name five things healthy for a horse's diet. _____

8. Tell why it is important to wear an approved riding helmet when you go horseback riding. _____

9. Photograph or draw a picture of the saddle you used for the ride you took to earn the belt loop. _____

10. With your parent or adult partner, visit a veterinarian who cares for horses. Write the answers to three questions you ask him or her. _____

11. Spend at least 15 minutes before and after your ride getting to know your horse by talking calmly to it and stroking it slowly. _____

12. Go on a supervised horseback ride for at least 30 minutes. _____

Dress appropriately and show that you can safely mount and dismount the horse. _____

Online Resources *(Use any Internet resource with caution and only with your parent's or guardian's supervision.)*

Cub Scout Advancement: <http://usscouts.org/advance/cubscout/ranks.asp>

Tiger: <http://meritbadge.org/wiki/index.php?title=Tiger>

Wolf: <http://meritbadge.org/wiki/index.php?title=Wolf>

Bear: <http://meritbadge.org/wiki/index.php?title=Bear>

Webelos: <http://meritbadge.org/wiki/index.php?title=Webelos>

Cub Scout Academics and Sports Workbooks: ▶ meritbadge.org -or- ▶ [Academics](#) / [Sports](#)

Webelos Activity Badge Workbooks: ▶ usscouts.org -or- ▶ meritbadge.org

Boy Scouts of America: <http://www.scouting.org/> ▶ [Guide to Safe Scouting](#) ▶ [Age-Appropriate Guidelines for Activities](#)

[ExpertVillage.com Lesson Videos:](#)  [Beginner Lessons](#)  [Tips](#)

American Council on Exercise: <http://www.acefitness.org>

American Sport Education Program: <http://www.asep.com>

Amateur-Sports.com: <http://www.amateur-sports.com>

American Dietetic Association: <http://www.eatright.org>

American Heart Association: <http://www.americanheart.org/>

Centers for Disease Control: <http://www.fitfamilyfitkids.com>

Fitness for Kids: <http://www.fitnessforkids.org>

International Food Information Council: <http://ific.org>

KidsHealth: <http://www.kidshealth.org>

National Athletic Trainer's Association: <http://www.nata.org>

National Youth Sports Safety Foundation: <http://www.nyssf.org>