



Introduction

Your challenge as a summer camp merit badge counselor is to see that the Scouts who attend your session have the best opportunity to learn about lifesaving. It is important that they have a positive experience. This lesson plan is designed to help you plan a logical, high-quality program. You may have to use a slightly different approach in presenting the material based on your camp resources and facilities. Sign off Scouts as they complete requirements.

Note

Scouts must earn the Swimming merit badge before working on Lifesaving.

Resources

Be sure to utilize all the resources available to you. There are several organizations that could assist you in demonstrations of proper lifesaving techniques. Utilize these resources.

DAY	ACTMTY	DESCRIPTION
	Greet Scouts	A. Examine all merit badge cards for the Scoutmaster's signature. Make a roster of the Scouts.
	Review	B. Review requirement 13. Let Scouts know when the training will be given, and remind them that this requirement is mandatory.
	Discuss/Do	C. Discuss and demonstrate requirement 3, then allow Scouts to complete the requirement.
	Discuss/Do	D. Discuss and demonstrate requirement 4, then allow Scouts to complete the requirement.
	Discuss/Do	E. Discuss and demonstrate requirement 7, then allow Scouts to practice and complete the requirement.
	Demonstrate	F. Practice the leaping entry for rescue.
	Review	G. Review with the Scouts the Safe Swim Defense and Safety Afloat.
2	Review	A. Make sure the Scouts understand and know first aid for the injuries and illnesses cited in requirement 15.
	Discuss	B. Discuss requirements 2 and 8.
	Discuss/Do	C. Discuss and demonstrate requirement 9, then permit Scouts to practice the requirement.
	Demonstrate	D. Demonstrate requirement 10, then allow Scouts to practice and complete the requirement.

3	Demonstrate	A.	Demonstrate requirement 11, then permit Scouts to practice and complete this requirement.
	Demonstrate	B.	Demonstrate requirement 12, then have Scouts practice and complete this requirement.
	Discuss/ Demonstrate	C.	Discuss and demonstrate requirement 13, then have Scouts practice and complete this requirement.
		D.	Have Scouts demonstrate requirement 14, management of a spinal injury.
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4	Demonstrate	A.	Allow Scouts to practice and complete requirement 9.
	Review	B.	Review and complete requirement 1 b.
		C.	Complete requirement 6.
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	Demonstrate	A.	Demonstrate and have Scouts complete requirement 5.
	Note	B.	Inform the Scoutmaster of any Scout who might not complete the badge.
	Wrap up	C.	Wrap up all the requirements. Prepare the merit badge cards for the proper signatures. If any Scout does not complete all the requirements, make sure that his records properly indicate the requirements that he has completed and that the Scout knows why he did not complete the badge requirements.
		D.	Sign all merit badge applications for Scouts who completed requirements.
		E.	Submit necessary records to the camp program director.