



Cub Scout Golf

Cub Scout Academics and Sports Workbook

This workbook is not required but can help you with this award. Belt Loops and Pins may be earned more than once.

Links to other workbooks and resources are at the end of this workbook: [Online Resources](#).

Send comments to the workbook developer: craig@craiglincoln.com. Workbook updated: April 2008.

Scout's Name: _____

Pack: _____

Cub Scout Golf Belt Loop (See the [Pin Requirements](#) below.)

Complete these three requirements:

1. Explain the rules of golf to your leader or adult partner. Explain the need for caution concerning golf clubs and golf balls.

2. Spend at least 30 minutes practicing golfing skills. _____

3. Participate in a round of golf (nine holes). _____

Cub Scout Golf Pin

Earn the Cub Scout Golf belt loop, and complete five of the following requirements:

1. Explain the use of woods and irons. Explain their differences. _____

2. Explain how par is determined for a hole. _____

3. Demonstrate the proper grip of the club to your leader, adult partner, or instructor. _____

4. Spend 30 minutes practicing the swing styles: full swing, _____

approach swing, _____

and putting swing. _____

5. Spend 30 minutes practicing aim, stance, and the address position. _____

6. Draw a diagram of a typical golf hole, from tee to green.

7. Demonstrate your knowledge of the use and care of golf equipment: clubs, ball, tee, bag, shoes, and gloves. _____

8. Describe the composition of a regulation golf ball. _____

9. Take golf lessons. _____

10. Spend 30 minutes hitting balls on a driving range. _____

11. Play miniature golf. _____

Online Resources (Use any Internet resource with caution and only with your parent's or guardian's supervision.)

Cub Scout Advancement: <http://usscouts.org/advance/cubscout/ranks.asp>

Tiger: <http://meritbadge.org/wiki/index.php?title=Tiger>

Wolf: <http://meritbadge.org/wiki/index.php?title=Wolf>

Bear: <http://meritbadge.org/wiki/index.php?title=Bear>

Webelos: <http://meritbadge.org/wiki/index.php?title=Webelos>

Cub Scout Academics and Sports Workbooks: ► meritbadge.org -or- ► [Academics](#) / [Sports](#)

Webelos Activity Badge Workbooks: ► usscouts.org -or- ► meritbadge.org

Boy Scouts of America: <http://www.scouting.org/> ► [Guide to Safe Scouting](#) ► [Age-Appropriate Guidelines for Activities](#)

ExpertVillage.com Golf Lesson Videos:

 [Stretching](#)

 [Warm-up](#)

 [Stay Cool](#)

 [Grip](#)

 [Swing](#)

 [Drive](#)

 [Chip](#)

 [Wedge](#)

 [Putting](#)

 [Mistakes](#)

USGA Golf Rules Videos:  <http://www.usga.org/playing/rules/animations>

USGA Golf Rule Quizzes: http://www.usga.org/playing/rules/rules_quizzes.html

USGA Amateur Status Rules: http://www.usga.org/playing/amateur_status/amateur_status.html

Golf History & Terms: <http://en.wikipedia.org/wiki/Golf>

Golf Rules: http://en.wikipedia.org/wiki/Rules_of_golf

Golf Glossary: http://en.wikipedia.org/wiki/Golf_glossary

Golf Etiquette: http://en.wikipedia.org/wiki/Golf_etiquette

Golf Handicapping: http://en.wikipedia.org/wiki/Golf_handicap

Golf Magazine: <http://www.golf.com>

Ladies Professional Golf Assn. Tour: <http://www.lpga.com>

Nike Golf Learning Centers: <http://www.nikegolfllearning.com>

Professional Golfers' Assn. of America: <http://www.pga.com>

Professional Golfers' Assn. Tour: <http://www.pgatour.com>

United States Golf Assn.: <http://www.usga.com>

U.S. Sports Camps: <http://www.ussportscamps.com>